



and mothers are different and not everyone will experience all the benefits. It is hoped that over time, infant massage will be accessible to all, regardless of status, thus providing children with emotional stability, a sense of self-worth and confidence and in turn encouraging parents to spend quality time with their children.

It is appreciated by infant massage teachers that this is not a hands-on therapy and this teaching skill can be useful for therapists and health professionals alike, who have a genuine

interest in working with parents and wish to enhance the way in which a parent relates to their infant. Teaching parents can be extremely rewarding for the infant massage teacher. A qualified infant massage teacher uses a lifelike demonstration doll to demonstrate the strokes, leaving the parent to interact with their own baby. A basic, organic vegetable oil is the recommended medium for infant massage, without essential oils so as not to mask the mother's smell or overload the infant's young, immature liver. **TT**

**Anita Epple, QIMT, MGICM, MIPTI**  
**Qualified Infant Massage Teacher, Touch-Learn Trainer/Director**

**If you would like to develop your practice and teach parents this wonderful skill contact Touch-Learn Ltd for more information on 01889 566222 or mail@touchlearn.co.uk. Touch-Learn has been training professionals in the UK for five years and is accredited by the Guild of Infant and Child Massage, the University of Central England, IGPP and IPTI. Courses consist of five days split into two parts over four months, there is an element of self-directed study and competency assessment.**

## Therapists, is your work costing you your health?

**M**ichael Cohen talks to therapists about the importance of RaphaYad, his dynamic form of Bioenergy Healing treatment. Effective in treating chronic and difficult: illnesses, conditions and injuries, his inspiring work benefits therapists as much as clients.

He asks you, the therapist: When you look in the mirror and consider your wellbeing,

health, physical being, work, relationship and financial stability, can you categorically say you are functioning to 100% of your current human potential? Most importantly, can you stand in front of a client and say that you are living proof of it?

How many of you gamble away your own health and wellbeing for the sake of helping others? Do your clients affect you or deplete

you? How many of you are able to truly practise what you preach? Most importantly, do you have access to the tools to maintain and enhance your own body's system and continually perform to 100% of your current human potential?

Michael has one golden rule. "The day his work affects his health or wellbeing is the day he stops!"

To this end Michael works with a large number of therapists and healers through 1-2-1 treatment and training courses in Bioenergy Healing.

In 2006 there is a unique opportunity for you to train with Michael, the founder of the Bioenergy Healing Research Foundation. Each year Michael selects only 3 students to train alongside him in his clinic. The student will gain hands-on experience and extensive training with up to 300hrs clinical casework and lots more...

This course is possibly the most intensive hands-on training course available that is set in a clinic environment. Exploring and learning in real-time the dynamic techniques of Bioenergy Healing Treatment.

Bioenergy Healing Treatment has a scientific approach that works with the electromagnetic fields and circuitry of the body. It is not a textbook approach, neither is it a general form of healing. It is accurate, precise and specific to the individual.

Its full potential is always to be explored and expanded on. The more one works with the technique the more it enhances, and the more their electromagnetic sensitivity increases. It never stands still; the more it continues to evolve the more dynamic are the results.

Michael says "There is no analysing, no cognitive therapy, no journeying into the past. All work is in the present and moving towards tomorrow. There is no attachment to archetypes, philosophical or spiritual belief patterns. We are talking about working with pure energy. We do not attach labels, or put things into boxes...it can only limit our work.

It can be adapted to the needs of the client or into a game with a child. Adapted to any environment or to a roadside accident. There is no limit! It's about not trying too hard and gaining that heightened instinctual awareness and 'knowing' rather than thinking. Energy is real, the treatment is tangible - the healer feels it, and so can the client. The proof is in the results, and that is what it's all about."


It is for those individuals who want to learn to use the tools as an effective form of treatment. It's not just about training, it's a lifestyle, but without the '-isms', the philosophy and any mumbo jumbo. It's scientific and it can be replicated. Working with energy enters every aspect of a person's life. It's about feeling it, listening to it and 'knowing' it.

The course is for those who want more than just a job, it's a way of being, a way to develop their own being beyond anything that they have done before. No limits, no boundaries. You don't switch it off; it's there all the time. It's not about being in a meditative state or at

the clinic; you breathe it, feel it, and live it. It's tangible, it's real and most importantly the results are living proof of it. **TT**

If this resonates with you then visit [www.bioenergyhealing.org.uk](http://www.bioenergyhealing.org.uk) tel 0845 456 1336 or email [today@bioenergyhealing.org.uk](mailto:today@bioenergyhealing.org.uk). 1-2-1 treatment and Foundation Training Courses are also available.

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